SPOUSAL CONSENT FORM

Plan Name:	Group#:	
Participant Last Name :	First Name:	M.I.:

Distribution or Loan requested date:

NOTE: Spouse may either take this form to a Notary Public OR sign the form with the Plan Administrator as a witness:

I hereby certify that I am the spouse of the above named participant and that I consent to the distribution or loan request submitted for approval. I also understand that by consenting to this distribution or loan request, I waive all rights to arranged payments I would have been entitled to upon the Participants death, with respect to the distribution or loan requested. I further understand that this consent is irrevocable.

Spouse's Signature:	Date:
Plan Administrator Signature:	Date:
OR	
Notary Public Certification:	
State of, County of appears below is either known to me or proved to me or to be said person, and acknowledged to me that he/she authorized capacity, and signed this document as a free	n the basis of satisfactory evidence executed the same in his/her
Witness my hand and official seal: My commission expires: Address:	